



Thanks to my trainer, I've lost nearly 50 lbs.

Whether it's Private 1-on-1 Personal Training
or Small Group Personal Training,
You'll Get Better Results –
When you get Fit *Together*

One-On-One or Small Group Training



GET FIT. TOGETHER.

Norwell and Cohasset

See Reverse Side

SAVE 50%
Jump Start for \$37⁵⁰
One Private 1-on-1 Personal Training Session
+ Fitness Assessment
or
Two Small Group Sessions
+ Fitness Assessment
With Coupon Only • May Not Be Combined With Any Other Offer • EXPIRES 4/17/12

\$100 OFF
Any 3-Month Program
Good for Private 1-On-1 Personal Training or Small Group Training Programs
With Coupon Only • May Not Be Combined With Any Other Offer • EXPIRES 4/17/12



Thanks to my trainer, I went from a tight size 12 to a 4/6.

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or Small Group Personal Training,
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One-On-One or Small Group Training



GET FIT. TOGETHER.

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454 Washington Street
781-659-0034

Cohasset
790 C. J. Cushing Hwy.
781-383-8004

For more client success stories, visit us at
www.FTSouthshore.com